



Mezinárodní Svaz Mládeže  
The International Union of Youth

# MSM SUMMER FOOTBALL ACADEMY



Have you not yet decided how to spend the summer holidays? Or just cannot imagine your life without football?

The International Union of Youth has set up a unique program that allows young football players to practice as professionals and learn English with native speakers



**MSM INTERNATIONAL FOOTBALL ACADEMY - YOUR CHANCE TO START A PROFESSIONAL FOOTBALL CAREER IN EUROPE!**



The program was developed in cooperation with the Football Federation of the Czech Republic and FC Sparta Prague with the assistance of FC Slavia Prague, FC Admira Prague, and is aimed at young football players from all over the world!

Training sessions are carried out by professional coaches on pitches with a soft ground and artificial grass, and are followed up by friendly matches with local and foreign teams. In addition to friendly matches, MSM players take part in summer football cup tournaments.

You will have a unique opportunity to spend your holidays in the center of Europe, improve your football skills, meet Czech football stars and get an invaluable international level of experience!

A unique 1-month program includes football training sessions and English language classes. Matches and training sessions are followed by educational programs and exciting activities, as well as trips around Europe. At the end of the program players get certificates from the MSM Football Academy. Each summer we host players from all over the world, from Australia to Mexico and Brazil!

Since 2014, MSM has been offering a unique opportunity to win a grant for participation in a one-year football program. The player, who performs best during the month, based on a selection process of our coaches and scouts, will get a unique prize - an opportunity to participate at a Czech or English foundation course for the purpose of further entering one of the Czech state universities, as well as professional training sessions and matches with FC Admira Prague.

The fee of the course includes a professional outfit:

- Training football kit
- MSM home and away football kits (for the duration of the course)
- A sports bag
- A water bottle

Partners:



THE COMBINATION OF YOUR TALENT, ASSERTIVENESS AND EFFORT IS THE KEY TO A SUCCESSFUL CAREER IN EUROPEAN FOOTBALL.



# 10 REASONS TO JOIN THE MSM INTERNATIONAL FOOTBALL ACADEMY:

1

Coaches of the MSM Football Academy are professionals with broad spectrum of experience in pedagogics, psychology, physical training, football and managing young football players on the highest level (Martin Frydek - former AC Sparta Prague and FC Bayer Leverkusen player - former AC Sparta Prague coach).

2

Football training sessions and matches are conducted with the usage of the infrastructure of the Football Federation of the Czech Republic, SC Sparta Prague and FC Admira Prague.

3

European recruiters and coaches in MSM Football Academy give young players a unique chance to start a professional career in European football clubs.

4

Friendly matches against local and foreign teams, tournaments are the main advantage of our Academy, as during the games all players are observed by scouts and recruiters.

5

An opportunity to win a grant for participation in a one-year football program. Do your best and you will be able to get a higher education in the Czech Republic and become a European football professional.

# 10 REASONS TO JOIN THE MSM INTERNATIONAL FOOTBALL ACADEMY:

6

Improve your English. Language classes are carried out by English speaking teachers at MSM Academy, one of the best language schools in Prague. English classes are focused on football topics, in order to encourage students to learn the language. If you are going to pursue an international football career - English is a must.

7

Experience the European football standards. FC Sparta Prague stadium tour and watching FC Sparta Prague matches in Champions League or Europa League are included.

8

A broad event program - an opportunity to spend leisure time with a profitable use. Prague, Dresden, Berlin, Vienna, Munich, Karlovy Vary, Cesky Krumlov!

9

The program is supported by the Football Federation of the Czech Republic, the Football Federations of Prague, Moscow and Kiev, as well as with the support of the best football clubs in the Czech Republic - Sparta, Slavia, and Admira.

10

All participants of the Academy are issued with a membership card to **Xplore Fitness** fitness centre. Players will have the opportunity to take advantage of the fitness center: gym, sports hall, swimming pool, jacuzzi, and sauna



The MSM International Football Academy meets the highest standards of modern football. Supporting team spirit and an individual approach to each participant are the special features of our programs, ensuring the success of both amateurs and professionals. We are equally concerned with a high level training process and achieving the best possible results. Therefore, football training sessions are carried out by coaches who have experience playing in famous clubs on the highest level and who have gone through professional issues relating to this sport and industry.

Physical and technical skills will be continuously improved, and as well as this, young players will be able to obtain new techniques that will help them to gain a bright victory in football. More accurate kicking and passing, a quick response to the situations during the match, - all these important details will be worked out within the training sessions.

### Features of training:

- Much attention is paid to safety to make players feel more confident and to easily maneuver between opponents during the match.
- Much attention will be paid to coordination exercises so that all the technical elements are properly mastered.
- A special set of exercises was designed to improve the jump and speed-strength skills of players.
- Emphasis will be placed on endurance and speed of muscles which are involved when kicking a ball. This will develop a strong player who will definitely withstand the stress of the entire match.
- The issues of motivation and mental training will certainly be dealt with. Therefore, players, who pass the training process in the Czech Republic, feel much more confident on the pitch and apply a more responsible approach to training.

**AN EXCELLENT OPPORTUNITY TO IMPROVE YOUR FOOTBALL SKILLS, AS WELL AS GET A TICKET TO PROFESSIONAL SPORTS.**

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